

APTA Geriatrics
Residency and Fellowship SIG Member Meeting Agenda—Feb 28, 2023
Virtual Zoom Event

Highlighted items are action items that could use member help!

1. Call to Order, attendance, and welcome
 - a. Introductions: Missy Criss, New R/F SIG chair (mcriss1@chatham.edu)
 - b. Thank you: Outgoing Nominating Committee Member: Jenny Cabrera, and Raegan Muller, Outgoing RF SIG Chair
 - c. Other leaders:
 - i. Vice chair: Jill Fitzgerald
 - ii. Secretary: Emma Phillips
 - iii. Nominating Committee: Sarah Smith, Jason DeCesari
 - d. Member Attendees:
 - i. Gerri Grzybek
 - ii. Joanne Fagerstrom
 - iii. Kathryn Brewer
 - iv. Linda Csiza
 - v. Raegan Muller
 - vi. Beau Whitt
 - vii. Jenny Cabrera
 - viii. Jennifer McMahan
 - ix. Jeny Percy
 - x. Sharon Kimble
 - xi. Suzanne Rodriguez
 - xii. Amanda McKenna
 - xiii. Julius Nullar
 - xiv. Erin Van Buren
 - xv. Neil Gregor
 - e. Programs Represented
 - i. Univ of Miami
 - ii. UPMC
 - iii. Jewish Senior Services
 - iv. Mountain Home VA (dev)
 - v. Mayo Clinic
 - vi. James H Quillen VA (dev)
 - vii. Univ of Minnesota
 - viii. Creighton/Hillcrest

2. **Mission (Purpose of the R/F SIG):** The purpose of the R/F SIG shall be to provide a forum through which individuals having a common interest in post-professional residency and fellowship education in geriatric physical therapy may meet and promote excellence and the advancement of the specialty of geriatric physical therapy via the growth and development of accredited residency and fellowship post-professional educational programs.

3. **Annual APTA and ABPTRFE Update** – video posted to hub community – Kendra Harrington, Matt Briggs, Ryan Bannister

<https://www.dropbox.com/s/bee2lkgv4fnrv0d/RFE%20Updates%20CSM%202023.mp4?dl=0>.

- a. **Has Residency/Fellowship Area with resources, annual reports, Information for Mentor Certification Course, Competency AI mobile app.**
- b. **Discussion about reduction in Geri applicants from 2020-2021 to 2021-2022, Likely due to increase 2/2 COVID, should compare to 2019-2020. 34 positions in 21 programs (2021/2022)**
 - i. **How can we connect residency program candidates to other programs if you already have a candidate? Can connect via the APTA Hub.**
www.communities.apta.org

4. **Inter-SIG Journal Club 2023– Hosted by RF SIG**

- a. May 2023 – Reliability, Validity, and Minimal Detectable Change of the Backward Walk Test in Older Adults With Dementia.
- b. RF has May for Journal Club – **need to identify a therapist for case report needs to be completed by end of March (submitted to Gerinotes)**

5. **GeriNotes Resident's Corner Program, RF SIG. APTA Geriatrics**

Purpose: Increase translation of evidence in Geriatric Physical Therapy to the everyday health of older adults.

- a. RF SIG (Emma) communicated with Residency Directors – update (Emma)
 - i. *Few responses directly to me, however other programs did respond directly to Michelle Stanley's contact information. We did have some submissions and Michelle is willing and great with helping authors create quality submissions.*

<https://geriatricspt.org/members/publications/gerinotes/Author-gerinotes.pdf>

6. **Update on Podcasts/volunteers needed!** – Jenny Cabrera

- a. Jenny has recorded first podcast! APTA geriatrics will help edit and then post after CSM. Would like to do 3-5 more to promote Geriatric Residency
 - i. First interview Zoom session completed. Needs to be edited in bite sized chunks to be able to post to social media. May be able to learn on YouTube. Is cumbersome, but a clinician will do a better job than office staff. Jenny will reach out to Grad Assist. to see if they can assist.
- b. Anyone with video editing experience or apps that would want to help with editing?
 - i. Jeny Percy willing to help.
 - ii. Additional volunteers contact Jenny: jxc2546@med.miami.edu

New Business

7. Student Liaison – Missy Criss

- a. Posted on APTA Engage 2/15/2023

- b. <https://engage.apta.org/volunteerresources/volunteer-opportunity-details?VolunteerOpportunityKey=c938f0ed-c91a-4b47-88c7-0186568092c9&CommunityKey=425ed987-0200-4e53-91c1-e48861618bf0>
 - c. Student or new professional (could be a resident that is a new grad).
 - d. 3-4 hours per month
 - e. To help increase student interest in Geriatric Residency Programs
8. Residency Fellowship Education Research Collaborative – engaging colleagues in collaborative research initiatives. Virtual symposium 2 part series – Tue Sept 5 7-9 pm ET, Sat Sept 9 11-2pm ET; Tuesday is overview, Saturday is workshop to develop specific research questions, teams and project concepts.
RF.Reserach@APTAEducation.org
9. Meeting structure: Meet quarterly, alternating between leadership and members
- a. *Next meeting: 4th Tuesday 630-730 CST*
 - b. *May Leadership – May 23*
 - c. *August Member – Aug 22*
 - d. *November Leadership – Nov 14 (to avoid holiday)*
10. Ideas From Linda from ABPTRFE (maybe do brief short videos, could be accessed by PT programs) on ways to increase interest:
- a. Don't know what is involved in Geriatric PT (senior athletes, wellness)
 - b. Manual PT techniques are used in Geriatric PT
 - c. Information on technology use
 - d. Neurologic Aspects of Geriatrics, not just stroke
 - e. The areas where Geriatric Rehab occurs
11. Possible qualitative research study to do a root cause analysis to assess student views on Geri residencies and Geri practice. Reach out to Missy if you want to participate.
- a. Volunteers: Jeny Percy, Emma Phillips

Action Items:

- 1) ***Therapist/Resident volunteer to write Journal Club Case Report (Due by March 30th, 2023)***
Please contact Missy ASAP (mcriss1@chatham.edu)
- 2) ***Continue to reach out to residency programs and residents regarding writing articles in GeriNotes***
- 3) ***Editing of Podcasts and recording new episodes as editing progresses contact Jenny***
(jxc2546@med.miami.edu)
- 4) ***Need Student Liaison applicants. Encourage students/residents to apply!***

Adjourn Meeting

Directory of Programs

<https://accreditation.abptrfe.org/#/directory?f-accredited=true&f-candidate=false&f-developing=false&f-fellowship=false&f-residency=false&s-specialty=Geriatrics>

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