#### APTA Geriatrics Cognitive & Mental Health Special Interest Group Quarterly Meeting Agenda April 19th, 2023

#### Old Business

- A. Housekeeping
  - a. New CMH SIG email
    - i. cognitiveandmentalhealthsig@gmail.com
  - b. Results from google poll
    - i. 25 responses
    - ii. 36% of members in academics
      - 1. Other category?
    - iii. Ideas for projects/improvements?
      - 1. Promotion of SIG with updating website and disseminating resources
      - 2. Resources for those in psych setting
      - 3. Community programming/health promotion at a community level
    - iv. What do you want to get out of this SIG?
      - 1. Networking and collaboration with other members
      - 2. Promotion of PTs role in assessing cognition and mental health
      - 3. Gaining more knowledge
  - c. New SIG Vice Chair
    - i. Rashelle Hoffman
    - ii. Board-Certified Geriatric Clinical Specialist
    - iii. Assistant Professor at Creighton with her PhD

#### B. Updates

- a. Partnership with BF SIG on monthly challenge
  - i. Exam and assessment to help with goal writing pertaining to patients with dementia on balance and falls
  - ii. 1-1/2 pages max with references
  - iii. Casual and scientific writing like gerinotes
  - iv. At the end, include a challenge to members (1-3 things members can implement right away)
  - v. Maybe include something for each setting?
  - vi. November 2023, due by September 30<sup>th</sup> 2023
- b. Discourse will be added to the AGPT website for members to communicate
  - i. Make sure your contact information is updated with APTA and AGPT
- C. Current projects
  - a. CSM Education Session "Identifying, Testing, and Adapting Treatment for Individuals with Cognitive Impairment"
    - i. Got approved by board of directors
    - ii. Waiting for editing and it will be posted on AGPT website
  - b. Brainiac Newsletter

- i. Christie is working on newsletter
- c. Operation Chain Reaction
  - i. A few students have posed interest in this
  - ii. Reach out to students to see if they have topics and they will create social
    - media post and a short synopsis of topic/research as resources for SIG members
      - 1. Minnie you had a student interested?

## D. Future Ideas

- a. Webinars on standardized measures
  - i. Do we have interest for a task force for this?
  - ii. Fact sheet vs. webinar?

## <u>New Business</u>

- A. Housekeeping
  - a. CMH SIG Student Liaison
    - i. Welcome Riley Hogge!
    - ii. University of Central Florida Class of 2024
    - iii. Working on informational handout on long covid
  - b. CSM 2023
    - i. Thank you to those who volunteered and completed poster/platform presentations and lectures
  - c. CMH Toolkit
    - i. 767 downloads as of March 15<sup>th</sup>, 2023
  - d. New research articles added to page thanks to Amie Rosenfeld
  - e. Journal Club November 14th, 2023 7pm CST
    - i. Progression of Gait Changes in Older Adults With Mild Cognitive Impairment: A Systematic Review
- B. Updates
  - a. Partnership with BF SIG on monthly challenge
    - i. Exam and assessment to help with goal writing pertaining to patients with dementia on balance and falls
    - ii. 1-1/2 pages max with references
    - iii. Casual and scientific writing like gerinotes
    - iv. At the end, include a challenge to members (1-3 things members can implement right away)
    - v. Maybe include something for each setting?
    - vi. November 2023, due by September 30<sup>th</sup> 2023
- C. Current projects
  - a. Brainiac Newsletter
    - i. Christie is working on newsletter for Q2
  - b. Informational Video Taskforce
    - i. Working on providing instructional videos on standard measures for clinicians and students

ii. Plan to be completed by December 31<sup>st</sup>, 2023

# D. Future Ideas

- a. Academic resources
- b. Any other dieas?