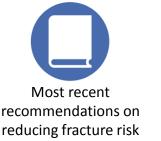
conefit workshop

Bone Fit[™] is an evidence-informed exercise training workshop, designed for healthcare professionals and exercise specialists to provide training on the most appropriate, safe and effective methods to prescribe and progress exercise for people with osteoporosis. Bone Fit[™] was created and launched by Osteoporosis Canada in 2010. Learn more about the program at <u>https://www.bonehealthandosteoporosis.org/bonefit-usa/</u>.









Aimed at exercise and fitness professionals working in the community with uncomplicated osteoporosis clients 1 Day | 8:30 AM - 2 PM May 6th | \$200



Developed for rehabilitation professionals working in a clinical environment with simple or complex osteoporosis clients 1 Day | 8:30 AM - 4:30 PM May 6^{th} | \$350

The Bone Health & Osteoporosis Foundation is hosting this Bone Fit[™] USA LIVE in-person on Saturday, May 6th at the University of North Texas Health Science Center in Fort Worth, TX. To register, visit: <u>https://bit.ly/3Ppe1FV</u>.

For more information, please contact: education@bonehealthandosteoporosis.org

