APTA Geriatrics
Cognitive & Mental Health Special Interest Group Quarterly Meeting Agenda
October 12th, 2022

Attendees:
Alex Alexander (Chair)
Christy Ross (Vice Chair)
Bill Staples
Anna Evans
Minnie Rafael
Arvie Vitente
Bringa Johnson
Michele Stanley

New Business
A. APTA Contact Information
   a. Please make sure the contact information on APTA website is up to date for receiving future meeting dates, SIG information
B. Google Poll to be sent out by Alex Alexander, Chair
   a. This will inquire into your personal thoughts on SIG goals, ideas, best way to contact everyone, getting more involvement, topics of interest for getting information out to members and community
C. Student liaison positions available
   a. Check out these positions
      i. https://engage.apta.org/volunteerresources/opportunities-list-public?search=True&iscmsadmin=false&CommunitiesFilter=425ed987-0200-4e53-91c1-e48861618bf0&OpportunityStatusFilter=Open&ItemsCount=10&SortBy=StartDateLeastRecent&ShowLocation=true&ShowTimeCommitment=true&ShowCECredits=true&ShowDates=true&ShowSignUpDeadline=true&HidePointsIfZero=true&ShowPoints=true&FilterByMicrositeGroup=true
D. APTA Geriatrics Elections are open – please vote!
   a. Vice Chair position is open
   b. Close soon on 10/21/2022
E. Email for CMHSIG is created
   a. cognitiveandmentalhealthsig@gmail.com Any questions
F. Updates
   a. Leadership chat on 8/31/22
      i. New feature on AGPT page to communicate with members similar to discourse by the end of the year
      ii. Task force on preferred language across APTA Geriatrics
      iii. AGE conference cancelled
   b. Leadership chat on 9/14/22
i. New geriatrics communities for member to connect → coming 2023
ii. 4516 members, 351 PTA members, 1764 student members as of the end of August → 3rd largest section
iii. Free Student Membership Dues likely assisted with this growth

G. Current Projects
a. Journal Club – November 15th – Pain Management for those with Dementia
   i. Minnie Rafael and AnnaLisa Na are presenting case study
b. CSM Education Session – “Identifying, Testing, and Adapting Treatment for Individuals with Cognitive Impairment”
   i. Needs to be reviewed by the board before being put on website and published
c. Brainiac Newsletter
   i. Christy Ross is working on newsletter for Q4 2022
   ii. Spotlights for upcoming newsletter:
      1. Student spotlight
      2. Depression and Falls
      3. Walk to end Alzheimer’s → Promote on page and through social media
      4. November → Alzheimer’s awareness month
      5. May → mental health awareness month
      6. October → depression screening day
d. Updating SIG page
   i. Amie Rosenfeld has found articles and they have been updated on page related to CMH
   ii. CMH SIG links of interest have been updated
      1. Mental Health information
e. Operation Chain Reaction
   i. Creighton resident found article and created a draft of a post for social media page and working on infographic to come soon
   ii. Multiple students interested → each student completes one each quarter?

H. Future Ideas
a. Collaborating with other SIGs for newsletter and monthly challenges
   i. Balance and falls SIG on falls and depression
b. Walk to end Alzheimer’s → Promote on page and through social media
c. November → Alzheimer’s awareness month
d. May → mental health awareness month
   i. Talking about PHQ-9
      1. Will be required for Home Health
   ii. Put together a series of webinars on PHQ-9, Geriatric Depression Scale
      1. Arvie Vitente to create graphic to advertise Bill Staples’ Lecture – Carole B. Lewis Lecture – “Management of the “Difficult” Patient”
e. October → depression screening day
f. Social Media Short clips on cognitive testing and mental health screening tools

I. Upcoming Events
   a. CSM February 22-25, 2023 in San Diego, CA
      i. Hilton convention center
      ii. 382 sessions, 119 on demand
      iii. 34 pre cons → 4 Geri pre cons
         1. Bill Staples and Jill Heitzman – Aging Systems and Social Determinants of Health (All Day Wednesday)
      iv. November 9th early bird discount ends
   b. Florida PT Association is sponsoring a CE presentation on "Mental Health and Physical Therapy" presented by William "Bill" Staples, PT, DHSc, DPT, FAFTA.
      i. Wednesday, November 16th – 6:30pm – 8:30pm, Zoom Online
      iii. Contact Minnie Rafael, PT, DPT at minnie.rafael@gmail.com for more information