
Bone Health Flash!

July 2022

News Release:

Explore opportunities to use key performance indicators to identify needs and measure impact with a collaborative effort to prevent secondary fragility fractures. Physical Therapy services have an opportunity to have an impactful role.

Javaid MK, Sami A, Lems W, Mitchell P, Thomas T, Singer A, Speerin R, Fujita M, Pierroz DD, Akesson K, Halbout P, Ferrari S, Cooper C. A patient-level key performance indicator set to measure the effectiveness of fracture liaison services and guide quality improvement: a position paper of the IOF Capture the Fracture Working Group, National Osteoporosis Foundation and Fragility Fracture Network. *Osteoporos Int.* 2020 Jul;31(7):1193-1204. doi: 10.1007/s00198-020-05377-1. Epub 2020 Apr 8. PMID: 32266437; PMCID: PMC7280347.

<https://pubmed.ncbi.nlm.nih.gov/32266437/>

A review of post-fracture programs in the US and internationally; key characteristics, clinical effectiveness, cost-effectiveness, barriers and facilitators to implement post-fracture care programs.

Åkesson KE, Ganda K, Deignan C, Oates MK, Volpert A, Brooks K, Lee D, Dirschl DR, Singer AJ. Post-fracture care programs for prevention of subsequent fragility fractures: a literature assessment of current trends. *Osteoporos Int.* 2022 Mar 24:1–18. doi: 10.1007/s00198-022-06358-2. Epub ahead of print. PMID: 35325260; PMCID: PMC8943355.

<https://pubmed.ncbi.nlm.nih.gov/35325260/>

Educational opportunities in Bone Health

Learn more about appropriate exercise interventions for persons with low bone density or osteoporosis. Excellent evidence-based education and patient-education resources provided. Virtual training options available.

Find out more about **BoneFit USA**, <https://www.bonesource.org/bonefit-usa>.

Next Training opportunities:

October 2022 (details coming soon)

Share your news...

Let us know how you or your organization is sharing information on how to take care of bone health. Whether you work in pediatrics, sports medicine, oncology, geriatrics....we all have a role in protecting bones. Share your story and we would love to highlight it in our next Bone Flash. Send your story or any news you would like to share to Kathlene Camp PT, DPT at Kathlene.camp@unthsc.edu.

Join us...

We will be holding our Bone Health SIG Member Meeting in August. Come join us to hear about resources being developed to implement recommendations from recent Delphi Study and CPG for Osteoporosis Management.

- When: Aug 30, 2022 07:00 PM Central Time (US and Canada)
- Register in advance for this meeting:
- <https://us02web.zoom.us/meeting/register/tZUvc-CgpzwsGNELns3Uq5LWhLZD4ceSqhnp>

After registering, you will receive a confirmation email containing information about joining the meeting.

Please visit the AGPT and SIG area often for updates and information!

<https://aptageriatrics.org/sig/bone-health-special-interest-group/>