

Health Promotion and Wellness SIG for You!

Updates and Goings-On of the AGPT Health Promotion and Wellness SIG!

Summer greetings to all!

As the summer gets underway, and we find more opportunities to be active and engaged, the HPW SIG would like to let you know what is going on in the group. This newsletter is a new installment with the SIG to keep members informed of events and provide opportunities for anyone interested to become more involved with our message and mission.

July Journal Club – *Participants’ Perceptions and the Implementation of a Physical Fitness Screen for Aging adults*, authored by Michael Puthoff.

Case study by Vanessa Everett, PT, DPT

Don't miss the July Journal Club this summer on Tuesday July 19, 2022 featuring the recently published article *Participants’ Perceptions and the Implementation of a Physical Fitness Screen for Aging adults*, authored by Michael Puthoff PT, PhD and published in the Journal of Geriatric Physical Therapy in 2021. The accompanying case study was submitted by Vanessa Everett, PT, DPT to demonstrate the use of the annual PT screen in daily practice. The Journal Club has been a very successful event for the AGPT, and the HPW SIG is proud to sponsor this installment. To participate, please register for this event on the [Journal Club page](#) of the AGPT website.

Use the link to access the article in the Journal:

[Participants' Perceptions and the Implementation of a Physical Fitness Screen for Aging Adults](#); Puthoff, Michael; Journal of Geriatric Physical Therapy. 44(1):E1-E8, January/March 2021

WE NEED YOUR HELP! LOOKING FOR WELLNESS WARRIORS!

The HPW SIG would like to feature members who are providing health promotion and wellness activities through their practice. This could be a single event, such as a walk for wellness, or it could be an ongoing community event like a falls and balance group. We would love to share the great things that you are doing to promote wellness in your community! Please email Cathy Stucker for more information or to volunteer your idea: stuckerc@husson.edu