

RF SIG Member Meeting

Date: 02/22/2022

Leadership Present: Raegan Muller, Jennifer Cabrera, Jill Fitzgerald, Emma Phillips

Call To Order at 7:30 pm EST

Introductions of SIG Leadership

Agenda

- 1) Board Updates
 - a. Nominating Committee members will not be reelected, absorbed into SIG and realigned how leadership will be in SIG. Fall 2023 new secretary/vice-chair, Chair in Fall 2022
 - b. Highlights from video from APTARFE:
 - i. COVID guidelines are still in place
 - ii. New Efforts: communicating details about materials required for accreditation, reaccreditation. Will have live virtual meetings quarterly, and an effort to have tutorials about common questions
 - iii. Concerns as overall applicant numbers have been heavily affected by COVID. Limited exposure to geriatric clinical practice. Has really hurt programs due to limited interactions. Concerns regarding SNF placement/experiences.
- 2) Resident Scholarship
 - a. 2020 ago awarded \$8400 to residents/fellows. Last year Residency programs did not fully open, that funding was reduced to \$4800, awarded to 6 residents in 2021.
 - b. Initially anticipated that the scholarship program would encourage increased applicants to Residency programs. However, we are not seeing increased applications to residencies.
 - i. Were programs aware of scholarships to address residency cost?
 - c. APTA Residency scholarships did not make budget cut, is now going to be transitioned to an Outstanding Resident or Fellow Award.
- 3) Inter-SIG Journal Club
 - a. The SIG will be responsible for sponsoring/preparing an annual Journal Club presentation. The article will be picked Jan/Feb, resident written case study will be published in GeriNotes in March with JC Presentation in May
 - b. Will Host in Characteristics of Older Adults Who Are Unable to Perform a Floor Transfer: Considerations for Clinical Decision-Making by Ardali, Gunay, et. al. in May of 2022.
- 4) Residency Fellowship Corner in GeriNotes: set aside for resident/fellow participation in publication process and activities of the APTA. GeriNotes team will provide editorial support, feedback, and editorial notes.
 - a. Goal is to encourage engagement and networking to give early foothold into professional activities. May help to encourage more student to apply to residency programs.
 - b. Could be used as a Residency assignment within programs.

- c. If this area of GeriNotes is not utilized by the R/F SIG the board will give the space to other SIGs/articles. May be willing to take geriatric content from non-Geriatric residents if appropriate (i.e. ORTHO, NEURO).
- 5) Missy: Intent to think about if there is an educational compendium to help teach Geriatrics, submit educational opportunities to act as a template for other programs. There is value (like what neuro has done), but may be better served at an academy level vs SIG level. Will be tabled indefinitely. There are regional course offerings that are valuable for residents and those preparing for GCS. We can encourage and support participation in those arenas. The work involved to create a compendium is just not feasible from a resources or bandwidth standpoint.
- 6) Question posed to R/F Membership: How can we as a SIG help to increase interest in Residency Programs
 - a. Create accessible documents/resources. Sharable between programs, not program branded.
 - b. Podcasts: More of a residency promotion and showing the value of the residency, past resident experiences.
 - c. At CSM Jenny and Emma spoke to a group of 30 students, 2nd/3rd years. They appeared very interested in Residency programs and had some fairly fundamental questions about Residencies (Why, funding, clinical vs didactic time, application timing, competitiveness of programs, and locations of programs).
 - d. How can we reach out to students?
 - i. Can we pair them with local universities within their areas to talk about residencies. If we can create a generic presentation that every program can use to promote geriatric education and residencies to help to recruit locally. One of the SIG members or residency program directors can present virtually or in person.
 - ii. Have residents come and visit programs. Show them what the Residencies and Fellowships are all about, have them start thinking about while in 1st/2nd years, volunteer/research opportunities, tips for applying for residencies, introduce yourself to residency programs. Have a residency panel for Q&A. (Missy)
 - iii. One program has an IG page to share daily about something within their program. Tend to watch more or go to links that they can go to. More first year students have been talking about residencies. Can post/repost. Could also use Twitter.
 - iv. Presentations at ELC trying to reach entry level program faculty so that they were more comfortable talking about residency/fellowships as a whole.
 - v. Some Residencies have relationships with the DPT programs in their region and so many of the staff are faculty, often go into the classroom and teach in the Geri curriculum, have residents teach.
 - e. Mentorship program in prep for the board exam and switched to podcasts and they were very well received. We could repurpose some of those. We could add to have as an adjunct. (Per Kathy) Could we put these as part of our resource page??
 - f. (Julie) Developed a Geriatric elective prior to last clinical affiliation, able to promote residency to an interested audience. Tales from the Plinth podcast, have interviewed PT's and is a wonderful of promotion of residencies, run by students. Could we get a

group of residents together to collaborate and create a podcast? Tic Toc is another option.

- g. Create a library of resources from JC, could use mentorship webinars, etc to create a compendium
- 7) We need resident volunteers to participate in recorded video/audio presentation. We want to create 5-6 10 minute presentations that we can upload? That we can house and that programs can access. Call for volunteers from members present.
- a. Jenny Cabrera (primary point of contact
 - b. Jason DeCesari
 - c. Emma Phillips
 - d. Suzanne Rodriguez
 - e. Tap Centennial Scholars, and what was that experience.
 - f. Submit names to Jenny for folks who are interested in presenting/participating. Residents, former residents, program directors, educators...
- 8) Patient education tri-fold for students about why residency, could we do a residency competition like APTA geriatrics does for student educational contest? (Alice) Consumer brochure contest, a fun way to engage current and graduate residents. Could have links 2-3 minute video, could do biannually.
- 9) Could we do a trivia contest between various residents, put on tic toc, to help get them engaged in professional activities? Residents could come up with questions and they could challenge other residents.
- a. Volunteers????? Missy will try to talk to students to see if they can start it. Video ask the questions. How can we get all the programs connected? Can go between IG handles of programs, is this possible on Tic Toc. Jenny also volunteered to have her residents start this off.
 - b. Will need to notify all programs of this competition and gauge their interest and willingness to participate.

Open to Membership Questions

- 1) Does SIG have social media platforms, what we have is through APTA Geriatrics?
- a. No, we are not creating new accounts at this time, all goes through the Academy at this time.

Next Virtual Membership Meeting: Aug 23, 2022

Meeting Adjourned 8:45 pm