Global Health for Aging Adults SIG Leadership Meeting

Date: Monday, January 11, 2021

Time 7-8 p.m. EST

Facilitator: Jennifer Howanitz, DPT, GCS, SIG Chair

In attendance: Jennifer Howanitz, Rick Black, Joseph Siu, Jenny Cruz Garcia Youssef, Becca Jordre

- 1. Minutes from last meeting were approved.
- 2. Jennifer followed up on our membership and we have 116 members
- 3. The journal article selected for the upcoming journal article has been approved.
 - a. The Modified Otago Exercises Prevent Grip Strength Deterioration Among Older Fallers in the Malaysian Falls Assessment and Intervention Trial (MyFAIT) Liew, Lin Kiat; Tan, Maw Pin; Tan, Pey June; More Journal of Geriatric Physical Therapy. 42(3):123-129, July/September 2019.
 - b. The section would like us to have someone write up a case study to go with the journal club that will be presented.
 - c. Rick suggested that we reach out to the SIG membership to write up a case.
 - d. Becca volunteered to write up an e-mail to seek this support.
 - e. Jennifer will reach out to the GeriNotes editor to get additional help for the Journal Club prep.
- 4. Agenda planning for CSM 2021 SIG meeting
 - a. CSM will be a ½ hour meeting
 - i. Topics to address
 - 1. Upcoming Journal Club assistance do we need small committee to help support those needs
 - 2. Projects/activities that can support our work plan which is:

a.

- Develop and implement projects in all parts of the world to enhance health and well being of older adults.
- ii. To facilitate networking and collaboration between geriatric PTs of various countries.
- iii. Facilitate collaboration among geriatric physical therapists and researchers to address significant health care issues in the US and abroad.
- b. Becca discussed a goal of engaging PTs to interact with senior athletes in other countries. Jenny was interested in knowing how she could share our activities and plans with others. Becca proposed creating a list of projects for the coming 2 years to see what the membership would like to be involved in. We can write up ideas that might be implemented after CSM if we gain interest. Rick suggested we act as a clearing house for ideas

- that could be implemented. The website could be updated with project ideas.
- c. Members of this leadership team with a project or engagement idea will write it up to discuss and potentially share on our website and at CSM.

ii. Committee Reports

- 1. We currently do not have a contact for IPTOP, there has been no new progress there since our last meeting.
- 2. As far as the nominating committee, we have not received any updates. Sochi e-mailed Jill the chair of the nominating committee and there is no new information.
- 5. Next Meeting will be beginning of February, 2nd week.

ACTION ITEMS:

- Jennifer will send the member list to the leadership team.
- Jennifer with read out to the GeriNotes editor to get additional help for Journal Club prep.
- Becca will write up an e-mail to recruit someone for the case study needed for Journal Club.
- Members of the leadership team with project ideas will write them up.