

CSM 2021 - BHSIG Member Meeting Minutes

Tuesday 3/2/21 by Zoom. 8pm-9pm EST

61 registered (from the website) with appx 29 in attendance

Welcome – Kathy Brewer, Chair ptkbb55@gmail.com

- Introduction of leadership:
 - Lisa Hamilton (Vice Chair) - lisahamiltonPT@gmail.com
 - Kathlene Camp (sec) - Kathlene.Camp@unthsc.edu
 - Marissa Lynn Cruz (Nom Comm) - mlcruzer@yahoo.com
- Introduction of Liaisons
 - Priscilla Raasch-Mason - AGPT HWSIG
 - Nancy Cullinane - Pelvic health, NOF- Bone Fit
 - Kathy Shipp - Academy of Ortho PT + recent reference list review
 - Marty Biondi - Academy of Aquatic PT
 - Cynthia Watson - Academy of Ortho PT
- Tribute to Sherri Betz – Thanks for 9 years of Leadership to the SIG! (by Kathy Shipp and Carleen Lindsey)

Website updates – Kathy Brewer

- Community presentation (Hannah Acton PT, DPT – during her geriatric residency at Mayo Clinic)
- White papers
 - Marty Biondi, our liaison to the Academy of Aquatic PT: **Osteoporosis & Aquatic Exercise: New Concepts, Updated Research, Novel Techniques**
 - Abstract: **Secondary Fracture Prevention - a Multi-stakeholder Coalition Solution for a Current Gap in Treatment.** Carleen Lindsey represented APTA on this American Society for Bone and Mineral Research. The reference to the original article is on the website with this abstract
- Resources/Links –
 - Links of interest edited last spring.
 - BONE HEALTH REFERENCES - updated in December 2020. Thanks to Kathy Shipp who took on these edits.
 - Both of these items need ongoing attention as they are forever “moving targets”
- BHSIG Flash – Lisa Hamilton has taken on this (almost) monthly news including events and abstracts from recent literature about bone health issues. These remain accessible on the web site.

CPG and Delphi study update – Sherri Betz

- The CPG still has to go through 3 more rounds of external review, plus review by the journal editorial team, there is the possibility recommendations/language will change in the document between now and the time of publication.
- Delphi study publication to follow
- The Guideline Development Group (GDG) plans to submit a proposal to present the two evidence-based documents at CSM 2022. This will be the first time either of them has been presented anywhere, so the GDG will submit a proposal to present them publically for the first time.
- Thanks to the hard work from members of AGPT on moving these critical documents forward.

Annual Journal Club event – Kathlene Camp

- Our first SIG Journal Club was 1/19/21.
 - **Article:** [Score Distributions of the Balance Outcome Measure in Elder Rehabilitation \(BOOMER\) in Community-Dwelling Older Adults with Vertebral Fractures.](#)
 - **Authors:** Brown, Zachary M.; Gibbs, Jenna C.; Adachi, Jonathan D.; Ashe, Maureen C.; Hill, Keith D.; Kendler, David L.; Khan, Aliya; Papaioannou, Alexandra; Prasad, Sadhana; Wark, John D.; Giangregorio, Lora M. Journal of Geriatric Physical Therapy. 42(3):E87-E93, July/September 2019.
 - **Presenter:** Jenna C. Gibbs, PhD
 - **Case Study:** [Pain? Choose to BOOMER for Boomers?](#)
 - **Case Study Discussant:** Kathlene Camp, PT, DPT
- On demand replay is available: <https://geriatricspt.org/events/webinars/?recID=457A60F2-CF8A-9606-5A1319F47C360AA2>
- This will be an annual event, sponsored by AGPT with each SIG featured for a topic presentation. Our SIG owns the January Journal Club.
- Kathlene provided all the trench work for this one and will mentor the process for 2022.

Call for volunteers for workgroups moving forward. Contact Kathy Brewer (ptkbb55@gmail.com) with any interest or ideas.

- CSM 2022 “precon” session planning – submission deadline April 5, 2021
 - Discussion recommending panel presentation of Best Practice for screening, assessment and intervention
- Osteoporosis CPG update –Knowledge Translation. To begin in 2022
- Ongoing updates for Literature Reference List and Links recommend 3 members. Dr. Shipp has provided some suggestions for organizing for better efficiency by end user – if you are in the literature on a regular basis in academia, research or program development, this is the perfect spot for you. Always good to double dip your efforts!

Mid-year member meeting Aug 2021.

- It seems that our annual meeting at CSM is not enough to keep our momentum going. Now that we know Zoom works – I would like to propose a mid year meeting. If we find that productive, we can make it a regular event.
- Save the date: Tues. 8/3/21 – Zoom 8pm ET

Positions open for AGPT general election fall 2021 – take office 2022

Vice Chair

Secretary

Interest for yourself or recommendations of others – please contact: Marissa Lynn Cruz, nominating committee (mlcruzer@yahoo.com)

Closing Remarks

- Please visit the website often. This is a member resource!
- If you have news or your own scholarly work to share – please send it to me! Let us know what you need. All leadership Email links are on the SIG website
- Stay well and safe. See you at CSM 2022 in San Antonio. Feb 2-5!!!

Addendum:

BoneFit Update – Nancy Cullinane

- NOF and Osteoporosis Canada have met and agree to pursue certification in the US starting with online format only.
- The next meeting is scheduled for April when they will work on the details for offering the course.
- We will post information on the BHSIG website as soon as it is available.