

Bone Health Flash!

SEPTEMBER 2021

CALL FOR PRESENTER—GREAT OPPORTUNITY

JOURNAL CLUB-Copy date for Publication NOVEMBER 1

Opportunity for a “Twofer”: Speaking Engagement and Published!

Want to share your clinical experience and expertise in the care of a patient with hyperkyphosis? The Bone Health Special Interest Group will be hosting the Geriatric Physical Therapy Journal Club Webinar on **Tuesday, January 18, 2022, 7-8:30 pm (CST)**. Dr. Wendy Katzman will be sharing the results of her and her colleagues' study, *Long-Term Efficacy of Treatment Effects After a Kyphosis Exercise and Posture Training Intervention in Older Community-Dwelling Adults: A Cohort Study*. Journal of Geriatric Physical Therapy: July/September 2021-Volume 44-Issue 3; https://journals.lww.com/jgpt/FullText/2021/07000/Long_Term_Efficacy_of_Treatment_Effects_After_a.2.aspx

We are seeking an interested clinician who would like to share a case study which reflects the practice of intervention to address hyperkyphosis. The clinician will be invited to share their case study presentation following the publication presentation. The case study will also be published in the January edition of the GeriNotes Newsletter, as well. We will provide support and all details for structure to interested individuals. **Submission of article is required by November 1 to support publication in the January edition.**

CONTINUED Opportunities for Collaborations/Volunteers Needed:

- **Osteoporosis CPG/Delphi Study:** Watch for more information as the CPG will be submitted for publication in September. We are also awaiting endorsement by ABH and NOF. Call to action committee for decision trees, podcasts, brief summaries and pertinent information for clinician and patient implementation.
- **Reference List Review:** Looking for individuals to assist Kathy Shipp in an ongoing effort to keep the document up to date. kathymshipp@gmail.com
- **Student Liaison:** This could be a great opportunity for a student to contribute and gain exposure and experience within AGPT. Ideas that were discussed include newsletter submission, student learning projects and collaborations, consideration of student

interests as they pertain to Bone Health and in support of the AGPT mission. If you are in academia, please share this information with your students, and contact Kathy Brewer for more information: ptkbb55@gmail.com

CSM 2022 (San Antonio, February 2-5) UPDATES/Educational Offerings:

Registration for Housing NOW OPEN and Registration for Conference open in mid-September.

If you are planning to attend CSM 2022, please make plans to attend these important sessions and support the BHSIG and your colleagues who are working hard to bring evidence to action in clinical practice.

- **Bone Health: Applications for Prevention and Intervention Across Practice Specialties** (Cullinane, Lindsey, Watson, Prinster)
- **APTA Geriatrics Evidence Based Guidelines for Osteoporosis** (Hartley, Betz, Avin, Nithman)

Additional Continuing Education Opportunities:

BoneFit USA Program: Currently offered through Osteoporosis Canada and now endorsed by the NOF, with virtual and live events in the works. Stay tuned for further information.

BoneFit™ is an evidence-informed exercise training workshop, designed for healthcare professionals and exercise specialists to provide training on the most appropriate, safe and effective methods to prescribe and progress exercise for people with osteoporosis.

Please visit the AGPT and SIG area often for updates and information!

Send any research, news, or scholarly work you would like to share that could benefit our membership for inclusion on the website or BONE FLASH to: Lisa Hamilton, Vice Chair at lisahamiltonpt@gmail.com.