Bone Health Flash!

October 2021

Happy FALL! We have LOTS of information in the FLASH this month including important dates, events, educational offerings and opportunities to volunteer.

Upcoming Dates for BHSIG Events (details below)
November 18/December 4: BoneFit clinical workshop
January 18, 2022: Journal Club
February 3-5, 2022: CSM San Antonio

URGENT CALL FOR PRESENTER—GREAT OPPORTUNITY!
JOURNAL CLUB - Copy date for Publication NOVEMBER 1
Opportunity for a “Twofer”: Speaking Engagement and Published!

Want to share your clinical experience and expertise in the care of a patient with hyperkyphosis? The Bone Health Special Interest Group will be hosting the Geriatric Physical Therapy Journal Club Webinar on Tuesday, January 18, 2022, 7 - 8:30 pm (CST). Dr. Wendy Katzman will be sharing the results of her and her colleagues’ study, *Long-Term Efficacy of Treatment Effects After a Kyphosis Exercise and Posture Training Intervention in Older Community-Dwelling Adults: A Cohort Study*. Journal of Geriatric Physical Therapy: July/September 2021 – Volume 44-Issue 3; https://journals.lww.com/jgpt/Fulltext/2021/07000/Long_Term_Efficacy_of_Treatment_Effects_After_a.2.aspx

We are seeking an interested clinician who would like to share a case study which reflects the practice of intervention to address hyperkyphosis. The clinician will be invited to share their case study presentation following the publication presentation. The case study will also be published in the January edition of the GeriNotes Newsletter, as well. We will provide support and all details for structure to interested individuals. Submission of article is required by November 1 to support publication in the January edition.

CSM 2022 Registration is OPEN!
If you are planning to attend CSM 2022, please make plans to attend these important sessions and support the BHSIG and your colleagues who are working hard to bring evidence to action in clinical practice.
• GR-10942 - APTA Geriatrics Evidence-Based Guidelines for Osteoporosis, Thursday February 3, 2022, 3-5 PM. Primary Speaker: Keith Gerard Avin. Co-Speakers: Kathryn Elizabeth Roach, Sherri R. Betz, Carleen Lindsey, Robert Nithman, Gregory W. Hartley.

• GR-10642 - Bone Health: Applications for Prevention and Intervention Across Practice Specialties, Friday, February 4, 2022, 3-5 PM. Primary Speaker: Nancy Claire Cullinane. Co-Speakers: Kathryn K. Brewer, Cynthia Jean Watson, Stephanie Maire Prinster, Carleen Lindsey.


APTA Geriatrics Awards Ceremony and Members Meeting: Thursday February 3, 6:30-8:30 PM

Additional Continuing Education Opportunities:

• BoneFit USA Program: Registration is now open until November 8 for the November 28/December 4 clinical virtual workshop. Currently offered through Osteoporosis Canada and now endorsed by the NOF, with virtual and live events in the works. For more information and the link to register: https://bonefit.ca

• BoneFit™ is an evidence-informed exercise training workshop, designed for healthcare professionals and exercise specialists to provide training on the most appropriate, safe, and effective methods to prescribe and progress exercise for people with osteoporosis.

CONTINUED Opportunities for Collaborations/Volunteers Needed:

• Osteoporosis CPG/Delphi Study: Watch for more information as the CPG will be submitted for publication in September. We are also awaiting endorsement by ABH and NOF. Call to action committee for decision trees, podcasts, brief summaries and pertinent information for clinician and patient implementation.

• Reference List Review: Looking for individuals to assist Kathy Shipp in an ongoing effort to keep the document up to date. kathymshipp@gmail.com

• Student Liaison: This could be a great opportunity for a student to contribute and gain exposure and experience within AGPT. Ideas that were discussed include newsletter submission, student learning projects and collaborations, consideration of student interests as they pertain to Bone Health and in support of the AGPT mission. If you are in academia, please share this information with your students, and contact Kathy Brewer for more information: ptkkb55@gmail.com

• CPG + Knowledge Translation: Hilary Greenberger, the CPG+ Program Coordinator for APTA is looking for a physical therapist who could join with her and Ken Miller to develop a CPG+ for the soon to be published clinical practice guideline. CPG+ is a translational tool designed to facilitate the use of clinical practice guidelines into physical therapy practice, disseminated on-line through the APTA website. Contact Kathy Brewer for more information: ptkkb55@gmail.com
BHSIG Members in ACTION: Community Bone Health Presentations

- Kathlene Camp is presenting a virtual Community Bone Health workshop series including Freedom from Fractures in September and have upcoming Zoom presentations in October (Eating for Healthy Bones) and Nov (Stepping out Strong). Kathlene’s series feature breakout sessions engaging healthcare students as facilitators to apply activity resources and lead discussions using a motivational interviewing approach. Kathlene can provide details if clinicians may want to share with patients or consideration to use the ABH Peer Educator program as an opportunity for providing community outreach. Email Kathlene for more information: Kathlene.Camp@unthsc.edu

- Lisa Hamilton and Mary Thane are presenting a Community Bone Health Virtual Workshop in collaboration with Missoula Aging Services in Missoula MT. This is a hybrid presentation of ABH Freedom from Fractures and the presentation on the AGPT SIG Webpage by Hannah Acton, which is available for member use for bringing evidence into action. Email Lisa for more information: lisahamiltonpt@gmail.com.

Please visit the AGPT and SIG area often for updates and information!

Send any research, news, or scholarly work you would like to share that could benefit our membership for inclusion on the website or BONE FLASH to: Lisa Hamilton, Vice Chair at lisahamiltonpt@gmail.com.