Bone Health Flash!

JANUARY 2021

HAPPY NEW YEAR FROM THE BONE HEALTH SIG!

UPCOMING EVENTS:

APTA Geriatrics Journal Club: The BHSIG is pleased to present the first Journal Club of 2021 on January 19, 2021 from 8-9:30 pm EST.

The authors of a recent 2019 article in the Journal of Geriatric Physical Therapy, Score Distributions of the Balance Outcome Measure for Elder Rehabilitation (BOOMER) in Community-Dwelling Older Adults With Vertebral Fracture, will be sharing their research on the use of a functional outcome measure, BOOMER, to assess patients with osteoporosis-related vertebral fractures. Following the authors’ review of the article, our very own Kathlene Camp, PT, DPT will be presenting a clinical case.

The Journal Club is a free, facilitated webinar-based discussion about a Journal article where you interact directly with the author and a clinician with a relevant case study that demonstrates how that information could be used. It’s a fun way to move yourself in the direction of life learning and beef up your evidence-based practice.

Registration is now required.
Here is a link to the article:

Register at https://geriatricspt.org/journal-club/


Combined Sections Meeting (CSM) and BHSIG Meeting:
CSM 2021 will be a hybrid of live and on demand courses from February 1-28. Registration is now open at https://www.apta.org/csm. Some courses to consider related to Bone Health:

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<tr>
<td>GR-6157 - Body Composition and Mobility in Older Adults: A Conversation About Exercise and Nutrition</td>
<td>On Demand</td>
<td>age-related changes in body composition, including bone, muscle, and fat, how these changes are measured, and the implications for rehabilitation in older adults.</td>
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<td>GR-6473 Pills and Spills: An Assessment of Medications and Fall Risk in Older Patients Kelly L. Covert and Courtney D. Hall, PT, PhD</td>
<td>Thurs 2/11 7:30 PM - 8:00 PM</td>
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Please check the Balance and Falls Section offerings as well as the APTA Pelvic Health Section for additional presentations that may be related to Bone Health.

**SAVE THE DATE:** Mark your calendars for our Bone Health SIG meeting, scheduled for Tuesday, March 2, 2021 at 8 PM EST via ZOOM. Stay tuned for the ZOOM link. Registration will also be limited to the first 100 registrants. Invite your colleagues to join and boost our SIG membership so we have more “boots on the ground” in other areas of clinical practice that are seeing patients with potential bone health related issues.

**We have exciting things going in in 2021 in the Bone Health SIG!** Kathy Shipp has been working to update the reference list on the BHSIG page for easier access and organization. Thank you, Kathy!

More information to follow regarding educational offerings, NOF FLS Bone Health ECHO education and much more!

Please submit any articles or information for the Bone Health SIG FLASH to: Lisa Hamilton, Vice Chair at lisahamiltonpt@gmail.com