

# Bone Health Flash!

## December 2021 HOLIDAY EDITION

**Happy Holidays! We have LOTS of information in the FLASH this month including important dates, events, educational offerings, and opportunities to volunteer.**

### **Welcome to our new officers of the BHSIG!**

- Cynthia Barros (Secretary)
- Kathlene Camp (Vice Chair)
- Marissa Lynn Cruz (Nominating Committee)

### **Upcoming Dates for BHSIG Events (details below)**

- January 18, 2022: Journal Club
- February 3-5: CSM San Antonio

### **JOURNAL CLUB**

The Bone Health Special Interest Group will be hosting the Geriatric Physical Therapy Journal Club Webinar on **Tuesday, January 18, 2022, 7-8:30 pm (CST)**. This event is FREE to APTA Geriatrics Members. **Article:** [Long-Term Efficacy of Treatment Effects After a Kyphosis Exercise and Posture Training Intervention in Older Community-Dwelling Adults: A Cohort Study](#)

**Authors:** Katzman, Wendy B. et al. J Geriatric Phys Ther. 2021;44 (3): 127-138.

**Presenter:** Wendy Katzman, PT, DPTSc

**Case Study:** Can PT make a Difference in Age-related Hyperkyphosis?

**Case Study Discussant:** Lynne Hughes PT, PhD

**REGISTER HERE :** <https://geriatricspt.org/events/webinars/index.cfm?recID=51C92E2D-F8A6-C413-977DCECC88529DCD>

### **CSM 2022 San Antonio -Advanced Rates END December 16!**

If you are planning to attend CSM 2022, please make plans to attend these important sessions and support the BHSIG and your colleagues who are working hard to bring evidence to action in clinical practice.

**REGISTER HERE:** <https://www.apta.org/csm/registration>

- **GR-10942 - APTA Geriatrics Evidence-Based Guidelines for Osteoporosis, Thursday February 3, 2022 3-5 PM.**
  - **Primary Speaker:** Keith Gerard Avin.
  - **Co-Speakers:** Kathryn Elizabeth Roach, Sherri R. Betz, Carleen Lindsey, Robert Nithman, Gregory W. Hartley.
- **GR-10642 - Bone Health: Applications for Prevention and Intervention Across Practice Specialties, Friday, February 4, 2022, 3-5 PM.**
  - **Primary Speaker:** Nancy Claire Cullinane.
  - **Co-Speakers:** Kathryn K. Brewer, Cynthia Jean Watson, Stephanie Maire Prinster, Carleen Lindsey.
- **GR-10637 - Osteoporosis Screening Tools: GeriEDGE Scoping Review Results, Saturday, February 5, 2022, 8-10 AM.**
  - **Primary Speaker:** Kent Edward Irwin.
  - **Co-Speakers:** Emma Louise Phillips, Puneet Dhaliwal, Christina Freshman, Michelle G. Criss.

**APTA Geriatrics Awards Ceremony and Members Meeting:** Thursday February 3, 6:30-8:30 PM

#### **CONTINUED Opportunities for Collaborations/Volunteers Needed:**

- **Osteoporosis CPG/Delphi Study.** Call to action committee for decision trees, podcasts, brief summaries and pertinent information for clinician and patient implementation.
- **Reference List Review:** Looking for individuals to assist Kathy Shipp in an ongoing effort to keep the document up to date. [kathymshipp@gmail.com](mailto:kathymshipp@gmail.com)
- **Student Liaison:** This could be a great opportunity for a student to contribute and gain exposure and experience within AGPT. Ideas that were discussed include newsletter submission, student learning projects and collaborations, consideration of student interests as they pertain to Bone Health and in support of the AGPT mission. If you are in academia, please share this information with your students, and contact Kathy Brewer for more information: [ptkbb55@gmail.com](mailto:ptkbb55@gmail.com)
- **CPG + Knowledge Translation:** CPG+ is a translational tool designed to facilitate the use of clinical practice guidelines into physical therapy practice, disseminated on-line through the APTA website. Kathlene Camp is currently planning to meet with Ken Avin, Chair of the KT committee in the new year to organize the Evidence-based Documents/Practice Committee to incorporate KT and EDGE in the committee. Stay tuned for more information as the BHSIG works to collaborate with the committee and bring this knowledge into action!

**Please visit the AGPT and SIG area often for updates and information!**

Send any research, news, or scholarly work you would like to share that could benefit our membership for inclusion on the website or BONE FLASH to: Lisa Hamilton PT DPT at [lisahamiltonpt@gmail.com](mailto:lisahamiltonpt@gmail.com).